

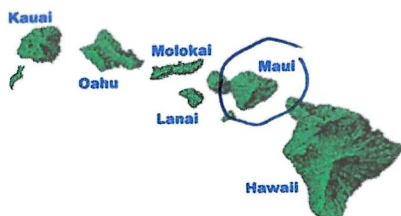
Haku Baldwin Center Summary

Mission: Provide horse-assisted therapy for Veterans w/PTSD and other issues.
Category: Health & Wellness
Contact: Chrissy Stout, Program Director
Address: 444 Makawao Avenue, Makawao, HI 96768
Grant History: N/A

2025 Request:	\$10,000 for general operating support
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Notes:

- Provides accredited evidence based treatment for Veterans with PTSD and other complex emotional issues.
- No cost to Veterans.
- Skill building services to learn mindfulness, reduce anxiety, and build trust.
- Structured mental health services to manage symptoms through self-awareness, emotional regulation, and other techniques.
- Private and group sessions available.
- Also provides a full panoply of horse-assisted therapy services for children and adults with mental health and physical disabilities.





444 Makawao Ave
Makawao, HI, 96768
808-572-9129
hakubaldwincenter.org

January 29, 2025

Laurence H. Dorcy Hawaiian Foundation

Tammy Davis Cownie, Administrator

81 East 7th Street, Suite 125

St. Paul, MN 55101

Email: tammy@dorcyfdn.org

Subject: Supporting Military Veterans through Equine-Assisted Services on Maui

Aloha Ms. Cownie,

I am writing on behalf of Haku Baldwin Center on the island of Maui, Hawai'i, with gratitude for the opportunity to submit a formal proposal to the Laurence H. Dorcy Hawaiian Foundation to support expanding direct services to U.S. military service members, targeting improvements in various social health determinants.

We respectfully request a \$10,000 grant from the Laurence H. Dorcy Hawaiian Foundation to enhance the Veterans Program at Haku Baldwin Center. This program is specifically designed to empower U.S. military service members, including active duty, retired, and disabled veterans, including those who continue to be impacted by the Maui Wildfire Disaster.

Extensive Need for Specialized Support

Hawai'i has over **110,000 veterans**, many of whom struggle with service-related mental and physical health challenges. According to the **U.S. Department of Veterans Affairs (VA)**, approximately **15% of all post-9/11 veterans live with PTSD**. At the same time, other sources suggest that **20-30% of Vietnam veterans** still experience PTSD symptoms decades after service. **The need for alternative, evidence-based treatments is urgent**, especially in Hawai'i, where access to specialized mental health services is often limited by geographic isolation. Our program fills this critical gap by **providing structured equine-assisted services that support both the psychological and physical health of our veterans.**

The challenges faced by veterans, especially those with complex PTSD exacerbated by experiences like the Maui Wildfire Disaster, are profound. The effects of such disasters persist, deeply affecting mental health and community integration. Research underscores the effectiveness of equine-assisted therapies in mitigating PTSD symptoms, promoting psychological healing more significantly than many traditional therapies. Moreover, studies have shown that after the Maui Wildfire Disaster, there was a noticeable increase in PTSD occurrences among local veterans, highlighting an urgent need for practical, accessible therapeutic options.

A 2023 study by the **National Center for PTSD** found that **50% of veterans with PTSD** also suffer from **co-occurring conditions such as depression, substance abuse, and anxiety disorders**. The stress of displacement, loss of property, and disruption of routine due to natural disasters further increase these risks. Equine-assisted psychotherapy has been proven to help regulate stress responses, decrease hypervigilance, and improve overall well-being in trauma survivors. By integrating this approach, we provide veterans with a **non-verbal, experiential form of therapy** that fosters resilience in ways traditional talk therapy often cannot achieve.

Program Description, Detailed Activities, and Expected Outcomes

Our program provides comprehensive support through two primary components:

1. **Skill Building, Community Building, and Horsemanship (non-therapy services)**: This component follows the PATH Intl Equine Services for Heroes guidelines, including specific activities like guided horse grooming, leading exercises, and various unmounted skills development, tailored to foster physical, emotional, and social skills. The connection between veterans and horses during these activities helps reduce anxiety and builds a foundation of trust and empathy, which is critical in the healing process.
 - **Activity Example: Mindfulness with Horses**: Veterans participate in exercises that emphasize present-moment awareness, guided by our certified professionals, which have been shown to reduce anxiety and improve overall emotional resilience. These activities are particularly beneficial for veterans who struggle with hyperarousal and reactivity, common symptoms of PTSD.
2. **Mental Health Support (therapy services)**: Utilizing the EAGALA model and PATH Intl EAP for PTSD models, our Equine-Assisted Psychotherapy (EAP) sessions involve structured interactions with horses facilitated by a team including a licensed mental health professional and a certified equine specialist. This method enhances self-awareness and emotional regulation, providing veterans with tools to manage their symptoms more effectively.
 - **Activity Example: Community Building Group Sessions**: These sessions are designed to enhance veterans' social networks, which are crucial for those who often isolate themselves due to their conditions. Facilitating social connectivity is essential, as loneliness can exacerbate PTSD symptoms and hinder recovery.

Haku Baldwin Center is the only center on the island of Maui providing these services for veterans with a licensed mental health professional, meaning those who often face unique and complex mental health challenges stemming from their military service have access to licensed professionals equipped with the necessary training, expertise, and ethical standards to provide impactful and appropriate care.

Private and group sessions are available, and veterans are invited to self-select a program that works for them. Some opt to do both, and some even register to volunteer in this and other programs at the center.

Studies have shown that equine-assisted psychotherapy improves **heart rate variability and lowers cortisol levels**, indicating reduced stress and improved autonomic nervous system regulation (source: missionrollcall.org). Additionally, the **Journal of Traumatic Stress** reports that **68% of veterans** who participated in equine-assisted psychotherapy experienced a **significant reduction in PTSD symptoms** compared to traditional treatment alone. These results demonstrate the strong clinical foundation for integrating equine-assisted psychotherapy into veterans' care plans.

Expected outcomes include:

- **Improved Mental Health:** Reduction in PTSD symptoms and depression, as evidenced by self-reported measures and clinical assessments. Regular participation in equine-assisted activities is expected to substantially improve mental health metrics, offering veterans a better quality of life.
- **Improved Physical Health:** Many veterans participating in our program have limited mobility or lead sedentary lifestyles due to mental health struggles. Engaging in equine-assisted programs encourages physical movement outdoors, improves balance, and promotes cardiovascular health, especially for those who do not participate in other extracurricular activities or leave their homes regularly.
- **Enhanced Community Integration:** Increased participation in community activities and higher reported feelings of belonging are vital for successful reintegration into civilian life.

Professional Expertise

Our Program Director & Equine Specialist has been with Haku Baldwin Center for 15 years and brings extensive experience with specialized certifications in EAP-PTSD and Equine-Assisted Learning. She is a multi-credentialed specialist and PATH Intl certified professional, winning the regional PATH Intl Certified Professional of the Year in 2022. Our licensed clinical social worker (LCSW) enriches our program with her deep expertise in trauma-informed care. She is a former first responder and wildland firefighter spouse, and she is certified in EAGALA and EMDR therapies. Their combined skills and continuous professional development ensure our program remains at the cutting edge of therapeutic practices, providing our veterans with the highest standard of care.

Our team regularly attends **continuing education workshops** in trauma-focused equine-assisted psychotherapy and other equine-assisted service instruction and participates in research collaborations with national equine-assisted psychotherapy organizations. Together, they complete 300+ hours of continuing education annually. This ongoing professional development ensures that our approaches align with the latest evidence-based practices.

Budget and Funding Needs

The requested funds will be allocated over 20 weeks as follows:

- **\$6,500 for Program Staff & Clinicians:** To cover staff expenses for delivering direct services.
- **\$3,000 for Horse Care and Maintenance:** To ensure the health and well-being of our equine partners, who are integral to program success.
- **\$500 for Program Materials and Supplies:** To purchase necessary equipment and resources to enhance our therapeutic offerings.

Typically, specialized services like an equine-assisted psychotherapy group session would cost \$250-400. Funding from organizations that value our veteran community, like the Laurence H. Dorcy Hawaiian Foundation, helps us **subsidize 100% of costs so no veteran has to pay**. This budget goes directly towards improving the quality and reach of our services. We aim to **leverage this funding to secure additional grants** from organizations prioritizing veteran health initiatives, like recent funding from **AARP Hawai'i**, which funded veterans' programming for a similar period.

Community Engagement and Financial Sustainability

We maintain relationships with organizations such as the Hawai'i Community Foundation and Maui United Way, which provide funding and support community engagement initiatives. These collaborations are vital for ensuring our programs' sustainability and allowing us to reach a broader audience. These partnerships facilitate the development of new programs and services tailored to meet the evolving needs of our veteran community.


Hawai'i's veteran suicide rate is **23.1 per 100,000**, which is higher than the state's general population. Community-based services like ours are crucial in preventing crisis situations, reducing hospitalization rates, and improving long-term mental health outcomes.

Research and Long-Term Impact

Research from RAND Corporation confirms that **alternative therapies, including equine-assisted psychotherapy, show an 85% improvement rate in PTSD symptoms among veterans** who actively engage in these programs. A recent VA Report emphasized that veterans who participate in structured, supportive programs show a **40% reduction in emergency mental health visits** over five years; investing in programs like ours can ensure **long-term improvements in veteran health and stability**.

With support from the Laurence H. Dorcy Hawaiian Foundation, we aim to continue and expand our capacity to serve Hawai'i veterans. This grant will enable us to enhance our program offerings and extend our reach, ensuring we can continue providing these vital services to veterans in need for years to come.

We appreciate your consideration of our proposal and look forward to discussing it further should you have any questions.



Chrissy Stout, PATH Intl. CTRI
Program Director
Haku Baldwin Center
chrissy@hakubaldwincenter.org
808-357-2281 (direct)

Return of Organization Exempt From Income Tax
 Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)
 Do not enter social security numbers on this form as it may be made public.
 Go to www.irs.gov/Form990 for instructions and the latest information.

2023

Open to Public Inspection

Department of the Treasury
Internal Revenue Service

A For the 2023 calendar year, or tax year beginning , 2023, and ending , 20

B Check if applicable:	C	D Employer identification number
<input type="checkbox"/> Address change	HAKU BALDWIN CENTER INC. 444 MAKAWAO AVE MAKAWAO, HI 96768	99-0292754
<input type="checkbox"/> Name change		E Telephone number
<input type="checkbox"/> Initial return		(808) 264-6660
<input type="checkbox"/> Final return/terminated		G Gross receipts \$
<input type="checkbox"/> Amended return		612,094.
<input type="checkbox"/> Application pending	F Name and address of principal officer: KONNIE NEWBRO	H(a) Is this a group return for subordinates? <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No
	SAME AS C ABOVE	H(b) Are all subordinates included? <input type="checkbox"/> Yes <input type="checkbox"/> No If "No," attach a list. See instructions.
I Tax-exempt status:	<input checked="" type="checkbox"/> 501(c)(3) <input type="checkbox"/> 501(c) () (insert no.) <input type="checkbox"/> 4947(a)(1) or <input type="checkbox"/> 527	H(c) Group exemption number
J Website:	N/A	
K Form of organization:	<input checked="" type="checkbox"/> Corporation <input type="checkbox"/> Trust <input type="checkbox"/> Association <input type="checkbox"/> Other	L Year of formation: 1991 M State of legal domicile: HI

Part I Summary

	1 Briefly describe the organization's mission or most significant activities: <u>TO FOSTER THERAPEUTIC PARTNERSHIPS BETWEEN PEOPLE AND HORSES, PROMOTING GROWTH AND DEVELOPMENT OF HEALING RELATIONSHIPS.</u>			
Activities & Governance	2 Check this box <input type="checkbox"/> if the organization discontinued its operations or disposed of more than 25% of its net assets.			
	3 Number of voting members of the governing body (Part VI, line 1a)	3		1
	4 Number of independent voting members of the governing body (Part VI, line 1b).....	4		0
	5 Total number of individuals employed in calendar year 2023 (Part V, line 2a)	5		0
	6 Total number of volunteers (estimate if necessary).....	6		0
	7a Total unrelated business revenue from Part VIII, column (C), line 12	7a		0.
	7b Net unrelated business taxable income from Form 990-T, Part I, line 11	7b		0.
Revenue	8 Contributions and grants (Part VIII, line 1h)		Prior Year	281,289.
	9 Program service revenue (Part VIII, line 2g)			
	10 Investment income (Part VIII, column (A), lines 3, 4, and 7d).....			
	11 Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e).....			297,805.
	12 Total revenue - add lines 8 through 11 (must equal Part VIII, column (A), line 12).....			579,094.
Expenses	13 Grants and similar amounts paid (Part IX, column (A), lines 1-3).....			
	14 Benefits paid to or for members (Part IX, column (A), line 4)			
	15 Salaries, other compensation, employee benefits (Part IX, column (A), lines 5-10).....			245,479.
	16a Professional fundraising fees (Part IX, column (A), line 11e).....			
	b Total fundraising expenses (Part IX, column (D), line 25)			
	17 Other expenses (Part IX, column (A), lines 11a-11d, 11f-24e).....			450,733.
	18 Total expenses. Add lines 13-17 (must equal Part IX, column (A), line 25).....			696,212.
19 Revenue less expenses. Subtract line 18 from line 12.....			-117,118.	
Net Assets or Fund Balances	20 Total assets (Part X, line 16)	Beginning of Current Year	End of Year	
	21 Total liabilities (Part X, line 26)	10,572,000.	10,437,655.	
	22 Net assets or fund balances. Subtract line 21 from line 20.....	20,518.	3,291.	
		10,551,482.	10,434,364.	

Part II Signature Block

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

Sign Here	Signature of officer	Date	
	KONNIE NEWBRO Type or print name and title	PRESIDENT	
Paid Preparer Use Only	Print/Type preparer's name	Preparer's signature	Date
	ANTHONY JAMES GONZALES	ANTHONY JAMES GONZALES	
	Firm's name	Firm's EIN	PTIN
	1800ACCOUNTANT LLC	454608263	P03211728
Firm's address	Phone no.		
260 MADISON AVE 10TH FLOOR	(800) 222-6868		
NEW YORK, NY 10016			

May the IRS discuss this return with the preparer shown above? See instructions Yes No

Part VIII Statement of Revenue

Check if Schedule O contains a response or note to any line in this Part VIII.

			(A) Total revenue	(B) Related or exempt function revenue	(C) Unrelated business revenue	(D) Revenue excluded from tax under sections 512-514
Contributions, Gifts, Grants, and Other Similar Amounts	1a Federated campaigns	1a				
	b Membership dues	1b				
	c Fundraising events	1c				
	d Related organizations	1d				
	e Government grants (contributions)	1e				
	f All other contributions, gifts, grants, and similar amounts not included above	1f	281,289.			
	g Noncash contributions included in lines 1a-1f	1g				
	h Total. Add lines 1a-1f		281,289.			
Program Service Revenue	2a Business Code					
	b					
	c					
	d					
	e					
	f All other program service revenue					
	g Total. Add lines 2a-2f					
Other Revenue	3 Investment income (including dividends, interest, and other similar amounts)					
	4 Income from investment of tax-exempt bond proceeds					
	5 Royalties					
	6a Gross rents	(i) Real	325,805.			
		(ii) Personal				
		6b Less: rental expenses	33,000.			
	c Rental income or (loss)	6c	292,805.			
	d Net rental income or (loss)		292,805.	292,805.		
	7a Gross amount from sales of assets other than inventory	(i) Securities				
		(ii) Other				
		7b Less: cost or other basis and sales expenses	7b			
	c Gain or (loss)	7c				
	d Net gain or (loss)					
	8a Gross income from fundraising events (not including \$ of contributions reported on line 1c). See Part IV, line 18					
		8a				
8b Less: direct expenses		8b				
c Net income or (loss) from fundraising events						
9a Gross income from gaming activities. See Part IV, line 19						
	9a					
	9b Less: direct expenses	9b				
c Net income or (loss) from gaming activities						
10a Gross sales of inventory, less returns and allowances						
	10a					
	10b Less: cost of goods sold	10b				
c Net income or (loss) from sales of inventory						
Miscellaneous Revenue	11a Business Code					
	SALES	541900	5,000.	5,000.		
	b					
	c					
	d All other revenue					
e Total. Add lines 11a-11d			5,000.			
12 Total revenue. See instructions			579,094.	297,805.	0.	0.

Part IX Statement of Functional Expenses

Section 501(c)(3) and 501(c)(4) organizations must complete all columns. All other organizations must complete column (A).

Check if Schedule O contains a response or note to any line in this Part IX.

Do not include amounts reported on lines 6b, 7b, 8b, 9b, and 10b of Part VIII.	(A) Total expenses	(B) Program service expenses	(C) Management and general expenses	(D) Fundraising expenses
1 Grants and other assistance to domestic organizations and domestic governments. See Part IV, line 21.				
2 Grants and other assistance to domestic individuals. See Part IV, line 22.				
3 Grants and other assistance to foreign organizations, foreign governments, and foreign individuals. See Part IV, lines 15 and 16.				
4 Benefits paid to or for members.				
5 Compensation of current officers, directors, trustees, and key employees.	44,325.	0.	44,325.	0.
6 Compensation not included above to disqualified persons (as defined under section 4958(f)(1)) and persons described in section 4958(c)(3)(B).	0.	0.	0.	0.
7 Other salaries and wages.	186,860.		186,860.	
8 Pension plan accruals and contributions (include section 401(k) and 403(b) employer contributions).				
9 Other employee benefits.			14,294.	
10 Payroll taxes.	14,294.		14,294.	
11 Fees for services (nonemployees):				
a Management.			61,833.	
b Legal.	61,833.			
c Accounting.				
d Lobbying.				
e Professional fundraising services. See Part IV, line 17.				
f Investment management fees.				
g Other. (If line 11g amount exceeds 10% of line 25, column (A), amount, list line 11g expenses on Schedule O.)				
12 Advertising and promotion.				
13 Office expenses.				
14 Information technology.				
15 Royalties.				
16 Occupancy.				
17 Travel.				
18 Payments of travel or entertainment expenses for any federal, state, or local public officials.				
19 Conferences, conventions, and meetings.				
20 Interest.				
21 Payments to affiliates.				
22 Depreciation, depletion, and amortization.	48,132.		48,132.	
23 Insurance.	67,917.		67,917.	
24 Other expenses. Itemize expenses not covered above. (List miscellaneous expenses on line 24e. If line 24e amount exceeds 10% of line 25, column (A), amount, list line 24e expenses on Schedule O.)				
a <u>OUTSIDE SERVICES</u>	68,833.		68,833.	
b <u>FEED AND SUPPLEMENTS</u>	60,392.		60,392.	
c <u>REPAIR & MAINTENANCE</u>	51,061.		51,061.	
d <u>UTILITIES</u>	24,149.		24,149.	
e All other expenses.	68,416.		68,416.	
25 Total functional expenses. Add lines 1 through 24e.	696,212.	0.	696,212.	0.
26 Joint costs. Complete this line only if the organization reported in column (B) joint costs from a combined educational campaign and fundraising solicitation. Check here <input type="checkbox"/> if following SOP 98-2 (ASC 958-720).				

Part X Balance Sheet

Check if Schedule O contains a response or note to any line in this Part X

		(A)		(B)	
		Beginning of year		End of year	
Assets	1	Cash – non-interest-bearing	16,444.	1	28,856.
	2	Savings and temporary cash investments		2	
	3	Pledges and grants receivable, net		3	
	4	Accounts receivable, net		4	
	5	Loans and other receivables from any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons		5	
	6	Loans and other receivables from other disqualified persons (as defined under section 4958(f)(1)), and persons described in section 4958(c)(3)(B)		6	
	7	Notes and loans receivable, net		7	
	8	Inventories for sale or use		8	
	9	Prepaid expenses and deferred charges	29,849.	9	
	10a	Land, buildings, and equipment: cost or other basis. Complete Part VI of Schedule D	10a 7,790,193.		
	b	Less: accumulated depreciation	10b 1,322,988.		
			6,515,337.	10c	6,467,205.
	11	Investments – publicly traded securities	3,906,569.	11	
	12	Investments – other securities. See Part IV, line 11		12	
	13	Investments – program-related. See Part IV, line 11		13	
	14	Intangible assets		14	
15	Other assets. See Part IV, line 11	103,801.	15	3,941,594.	
16	Total assets. Add lines 1 through 15 (must equal line 33)	10,572,000.	16	10,437,655.	
Liabilities	17	Accounts payable and accrued expenses	10,815.	17	
	18	Grants payable		18	
	19	Deferred revenue		19	
	20	Tax-exempt bond liabilities		20	
	21	Escrow or custodial account liability. Complete Part IV of Schedule D		21	
	22	Loans and other payables to any current or former officer, director, trustee, key employee, creator or founder, substantial contributor, or 35% controlled entity or family member of any of these persons		22	
	23	Secured mortgages and notes payable to unrelated third parties		23	
	24	Unsecured notes and loans payable to unrelated third parties		24	
	25	Other liabilities (including federal income tax, payables to related third parties, and other liabilities not included on lines 17-24). Complete Part X of Schedule D	9,703.	25	3,291.
	26	Total liabilities. Add lines 17 through 25	20,518.	26	3,291.
Net Assets or Fund Balances	Organizations that follow FASB ASC 958, check here and complete lines 27, 28, 32, and 33. <input checked="" type="checkbox"/>				
	27	Net assets without donor restrictions	10,551,482.	27	10,434,364.
	28	Net assets with donor restrictions		28	
	Organizations that do not follow FASB ASC 958, check here and complete lines 29 through 33. <input type="checkbox"/>				
	29	Capital stock or trust principal, or current funds		29	
	30	Paid-in or capital surplus, or land, building, or equipment fund		30	
	31	Retained earnings, endowment, accumulated income, or other funds		31	
32	Total net assets or fund balances	10,551,482.	32	10,434,364.	
33	Total liabilities and net assets/fund balances	10,572,000.	33	10,437,655.	