

Maui Cancer Resources Summary

Mission: To support cancer patients and survivors throughout their journey.

Category: Health and Wellness

Contact: Mary Dungans, Board Director

Address: P.O. Box 88119, Pukalani, HI 96788

Grant History: N/A

2024 Request:	\$25,000 for general operating support.
----------------------	--

Notes:

- Volunteer-based organization supporting cancer patients with care navigation, educational programs, consultation services, and emotional support.
- Focus on cancer care gaps: individual treatment advocacy, understanding medical tests, continuity of care, and evidence-based education.
- Many Maui patients are low income, unemployed and/or uninsured → inadequate or absent cancer treatment.
- Collaborates with Pacific Cancer Foundation and UvsC for patient transportation, housing, and financial support. UvsC provides individual financial support through grants and fundraisers.
- Coordinates care and treatment plans with patient's oncologist.
- Services are free to patients. Completely dependent upon grants for operation.





Maui Cancer Resources
P.O. Box 88119
Pukalani, HI 96788
808-866-6155

info@maucancerresources.org

December 15, 2023

Aloha Laurence H. Dorcy Hawaiian Foundation Trustees,

I am writing on behalf of MAUI CANCER RESOURCES (MCR), a Hawaii nonprofit organization supporting cancer survivors and patients in their cancer journey from diagnosis through survivorship. We provide one-on-one clinical patient navigation, and outreach programs at no charge. MCR is a volunteer-based organization with proven community support. A strong, experienced board allows us to assist hundreds of cancer patients each year.

Amount of Request:

We are requesting \$25,000.00 to support the expansion of educational programs, consultation services and to provide clinical navigation, wellness education, and emotional and physical support for cancer patients in Maui County, as this need is not met, especially during these incredibly challenging times.

Need Being Addressed:

MCR conducted a preliminary Cancer Care Service Survey to identify "gaps in cancer care services" in Maui County. Based on our research and findings, the single most identifiable gap in service was the need for assistance with advocacy, understanding medical tests and continuity of care. Cancer wellness education was also lacking with provision of evidence-based programs to improve quality of life and help with cancer related symptoms.

MCR offers these essential services to a vulnerable population needing our care. Community outreach continues to be paramount to our mission. Our work has a profound and positive effect on cancer patients, their families, and our community. This request is to support MCR's clinical navigation consultations and cancer support through our community outreach programs.

According to the Centers for Disease Control, about 1,000 cancer patients are diagnosed in Maui each year. Economically based on tourism, COVID and the August 2023 fires devastated Maui. Many on Maui lost their jobs and health insurance, or became underemployed, underinsured; and many became homeless. Conditions



Maui Cancer Resources
P.O. Box 88119
Pukalani, HI 96788
808-866-6155

info@maucancerresources.org

continue to be difficult for low and working-class families. The median income on the outer islands is much lower than state and national averages. In addition, income inequality for Native Hawaiians, Pacific Islanders, and other people of color has increased significantly since the pandemic and fires. Despite the growing need for assistance, fewer services are available.

How MCR Meets the Need:

According to health statistics, low-income patients tend to have more progressed cancers due to inadequate or absent medical care, which MCR provides through our programs. Maui families cannot afford cancer. MCR was born from this desire to assist low-income families facing cancer, to offer knowledge, humanity, and dignity during an extremely challenging time.

Cancer patients often report depression, anxiety (over 40%), fatigue (between 80 and 100%), cognitive impairment (approximately 75%), chronic pain (20 to 50%), poor quality of life (20-50%), and sleep difficulties (33-50%). According to the 2023 report from the American Cancer Society cancer patients also identify experiencing greater isolation because of their diagnosis (52%) and treatment (57%). They undergo rigorous and dehumanizing treatments and are often expected to carry on as normal. Patients can feel degraded and humiliated through the process of treatment, being poked, and probed, and turned inside out. During and after treatments, most feel fearful and worried about cancer recurrence or even death. In addition, prohibitive medical expenses play an enormous factor in a patient's wellbeing.

Family and relationship dynamics change during this time, with financial, job, or insurance losses creating an additional traumatic stress. Mental health services were already in short supply especially with the 40% increase in needs from the isolation, fear and change of life patterns created by COVID. This has compounded and accelerated with the disruptive life changes from the recent wildfire disaster with secondary job and housing shortages, not to mention the loss of friends, family, and cultural support. Some patients were not even able to get needed medications, and treatment for their cancer due to supply chain, transportation, and disruption of medical services. MCR reached out and contacted the cancer patients and helped to find resources to meet their needs in addition to supplying a lifeline for connection and emotional support. We also provided one-on-one free personalized consultations for stress, anxiety, grief, loss as well as monthly workshops to help the mental health crisis that evolved. Recent literature shows that patients having a significant trauma history have a 50%



Maui Cancer Resources
P.O. Box 88119
Pukalani, HI 96788
808-866-6155

info@mauicancerresources.org

risk of developing malignancy. This is compounded by the fact that most cancer patients fear a recurrence due to the recent stress from COVID and recent disastrous wildfires affecting a wide cross section of our island. Our services are critical to decrease the emotional impact, start the healing process, and decrease risk of further cancer development or worsening of health outcomes. This is especially true of low-income patients or those with other burdens of chronic disease, or poor health literacy. Individualized and group medical supportive care including education, advocacy and community outreach is the key, and is the focus of Maui Cancer Resources in its various outreach programs, and educational tools for quality of life and optimal health outcomes.

We are working with Pacific Cancer Foundation, who provides community patient navigation, to collaborate to provide medical education and navigation services for all cancer patients and their families. They recently closed their survivorship meetings and are now referring them over to MCR. When identifying community needs such as transportation, housing, financial support we refer to PCF or UvsC (a new nonprofit that assists with financial support).

For the personalized individual consultations, we send a medical note back to the individual's oncology provider so that there is seamless coordination of care and identifies the assessment and treatment plan provided by Maui Cancer Resources. Occasionally we will need to contact the oncologist directly with new information or a change in symptoms to improve medical communication if an acute situation arises. This way there is an added extension of medical as well as supportive care for the patient undergoing surgery, chemotherapy, and radiation therapy. We also help these people problem solve so that they do not become anxious and fly off the island for care unnecessarily. We promote and support our hospital and Maui Oncology providers be they independent or linked to the hospital, including support for Kaiser Clinic patients.

Our services are free to cancer patients and their families as they are already on a fine line economically to be able to pay for copayments for medical services and treatments and stretched beyond capacity in many cases with loss of jobs or insurance. With most medical offices and providers open again, we know there are hundreds of cancer patients in need of support that have been in the waiting process.

Our programs have been funded through donations as well as grants. MCR deeply appreciates the community support from these caring foundations for the programs that we provide. Last year we received \$20,000 from the Atherton Foundation to help us set up and launch our medical navigation service program, however this is



Maui Cancer Resources
P.O. Box 88119
Pukalani, HI 96788
808-866-6155

info@maucancerresources.org

an ongoing program which is growing, and we had to expense a better medical record and appointment calendar for our patients. This costs \$1,500.00 per year to run. We served over 350 patients from all walks of life and cancer diagnoses, and this next year with the growing number of new cancers diagnosed we anticipate at least a 25 to 30% increase in consults. The chilling fact is that there was a 16% increase in development of cancer within 5 years of 911 for those in immediate contact with the clearing and reconstruction efforts at Ground 0. With our efforts in teaching prevention in our programs and workshops we hope that this grim figure will not be the same trajectory of the post wildfire recovery. Cancer education and support is needed to change the probable paradigm.

Our quarterly workshops cost \$1,200 per workshop which includes snacks, beverages, lunch, educational materials, and honorariums for speakers. Last year we served over 80 cancer patients, in our Growing Strong workshop series which also included caregivers. In 2024 with better outreach through social media and marketing we are projecting to serve 125 to 150 patients, especially since there are no other such programs in the county. With additional funding we hope to be able to have outreach with these programs to Molokai and Lanai as well. So, a budget of \$5,000.00 is needed to cover the costs and add more patients and caregivers to the workshops.

Our Cancer Journey Guide is self-published and distributed to cancer patients to help them organize their information, ask pertinent questions, learn about health and wellness, and symptom management. This educational piece is portable should they need to have a consultation off island and is designed to provide information to keep delays of treatment at a minimum, with health literacy and self-advocacy skills taught. We also promote lifestyle changes including nutritional information to lower the risk of recurrence and improve the physical and mental well-being of the patient. This helps to lower disease burden in the short as well as long term and provides information for their families for cancer preventative strategies. Each Cancer Journey Guide requires supplies totaling \$25.00 to print and bind, not including time from the volunteer doing so. Publishing 200 of these in 2024 would require \$5,000.00 to produce.

Demographic of MCR's clientele:

MCR's cancer patients represent all ages and areas of Maui County including Molokai and Lanai. All are diagnosed with cancer, and most are low-income and referred by local health and nonprofit agencies.



Maui Cancer Resources
P.O. Box 88119
Pukalani, HI 96788
808-866-6155

info@maucancerresources.org

Number of Individuals served by MCR:

In 2023 alone, MCR has provided 347 clinical consultations, 52 zoom support groups and four quarterly full-day retreats.

Geographic Region being Served:

Maui County including Lanai and Molokai

How Dorcy Foundation Grant Money would make a difference:

A Laurence H. Dorcy Hawaiian Foundation Grant will immediately help us reach a greater level of cancer support to all of Maui County. The effects of our support would be transformative and inspiring to Maui residents. As a volunteer organization who does not charge for our services, our budget is modest, and we depend on grants and donations. **We do not receive any State or Federal funding.** Costs for free clinical consultations, weekly zoom support groups and quarterly DayTreats are expensive. This request is to support these worthwhile efforts, to expand community outreach, and to improve the lives of those struggling with cancer throughout Maui County. A grant from the Dorcy Foundation would help tremendously.

We would be very honored by your support and would deeply appreciate your consideration.

Sincerely,

Dr. Bridget Bongaard
Maui Cancer Wellness Retreats DBA **Maui Cancer Resources (MCR)**

Mary Duagans, Board of Directors

Maui Cancer Wellness Resources
Profit & Loss
January through December 2023

MCR 2023 Balance Sheet	Jan - Dec 23
Ordinary Income/Expense	
Income	
40100 · Sales	492.43
40101 · Donation	39,827.58
40102 · Non-Profit Income	41.53
40103 · Sales of Product Inco	74.75
Total Income	40,436.29
Cost of Goods Sold	
50001 · *Cost of Goods Sold	0.00
50000 · Cost of Goods Sold	0.00
Total COGS	0.00
Gross Profit	40,436.29
Expense	
60120 · Charitable Contributio	709.92
60342 · Retreats	
Daytreat	1,018.94
Location Rental	725.00
Honorariums	200.00
60342 · Retreats - Other	112.25
Total 60342 · Retreats	2,056.19
60445 · Website	
60447 · Web Services	1,758.81
60445 · Website - Other	5,410.14
Total 60445 · Website	7,168.95
60100 · Bank Charges & Fees	
60103 · Merchant Expense	113.54
Total 60100 · Bank Charges &	113.54
60130 · Insurance	5,932.34
60175 · Job Supplies	180.90
60190 · Legal & Professional Services	
60195 · ADMINISTRATIVE /	1,770.00
60191 · Accounting Service	303.12
Total 60190 · Legal & Professi	2,073.12
60220 · Membership Fees/ Pro	252.39
60325 · Rent & Lease	146.00
89000 · Uncategorized Expens	133.41
60430 · Utilities	438.38
60000 · Advertising & Marketing	
60101 · Promotional Items	405.35
60000 · Advertising & Mark	330.00
Total 60000 · Advertising & Ma	735.35
Total Expense	19,940.49
Net Ordinary Income	20,495.80
Net Income	20,495.80

ANNUAL CHARITY TRANSMITTAL FORM*IRS Form 990-N filers and filers not required to file with the IRS***Revenue**

10. Contributions, gifts, grants and similar amounts received	\$51,698
11. Program service revenue including government fees and contracts	\$0
12. Membership dues and assessments	\$0
13. Investment income	\$0
<hr/>	
14a. Gross amount from sale of assets other than inventory	\$0
14b. Less: cost or other basis and sales expenses	\$0
14c. Gain or (loss) from sale of assets other than inventory	\$0
<hr/>	
15. Gaming and fundraising events	
15a. Gross income from gaming	\$0
15b. Gross income from fundraising	\$0
(not including \$0 of contributions reported on line 10)	
15c. Less: direct expenses from gaming and fundraising events	\$0
15d. Net income or (loss) from gaming and fundraising events	\$0
<hr/>	
16a. Gross sales of inventory, less returns and allowances	\$3,245
16b. Less: cost of goods sold	\$0
16c. Gross profit or (loss) from sales of inventory	\$3,245
<hr/>	
17. Other income	\$0
<hr/>	
18. Total revenue	\$54,943

ANNUAL CHARITY TRANSMITTAL FORM

IRS Form 990-N filers and filers not required to file with the IRS

Expenses

19. Grants and similar amounts paid	\$0
20. Benefits paid to or for members	\$0
21. Salaries, other compensation and employee benefits	\$0
22. Professional fees and other payments to independent contractors	\$15,243
23. Occupancy, rent, utilities and maintenance	\$456
24. Printing, publications, postage and shipping	\$860
25. Other expenses	\$14,818
26. Total expenses	\$31,377
27. Total Program service expenses (included in expenses for lines 19-25)	\$26,619

Net Assets

28. Excess or deficit for the year	\$23,566
29. Net assets or fund balances at beginning of year	\$29,738
30. Other changes in net assets or fund balances	\$0
31. Net assets or fund balances at end of year	\$53,304

Balance Sheet

32. Cash, savings and investments	\$63,878
33. Land and buildings	\$0
34. Other assets	\$0
35. Total assets	\$63,878
36. Total liabilities	\$10,574
37. Net assets or fund balances (Total assets - Total liabilities)	\$53,304